



CT Scan Patient Instructions

To avoid the rescheduling of your appointment please follow the prep instructions below

IV Contrast: Y or N

Labs needed: Y or N

☐ No Oral Contrast Required

☐ Oral Contrast Required

Drink ½ bottle 2 hours prior to scan time

Drink ½ bottle 1 hour prior to scan time

Oral contrast can be picked up at GMG Canton Clinic Radiology, GMG Macomb, GMG Galesburg Ambulatory Center or Graham Hospital Imaging. Instructions on how to drink will be provided at pick up.

No solid food 5 hours prior to exam. You are encouraged to drink clear liquids up to the time of the exam.

Please bring a list of your current medications and allergies

If you have been told or know you are allergic to: **IVP Dye, Iodine or CT contrast**, please let your ordering doctor know. They may want you to be pre-medicated prior to the exam.

If you need to take any prescription medication the day of your exam you may do so. If you are diabetic, inform the Radiology Technologist.

Routine Oral Contrast Dosing

Barium – used for abdominal CT exams where oral contrast is indicated.

o **Contraindication:** Possible bowel perforation, recent bowel surgery

o **Patient Prep:** Fast for 5 hours prior to the CT scan time. (Fast for 3 hours prior to barium start time.)

o **Dose:** 450 ml (1 bottle)

o Consume 225 ml (**half of the bottle**) 2 hours prior to the exam time.

o Consume 225 ml (**last half of the bottle**) 1 hour prior to the exam time.

o Pediatric patients are given same amount and instructed to drink as much as they can tolerate.

Please call the Radiology Department if you have any questions or concerns

309-649-5174