



DEXA Patient Instructions

To avoid the rescheduling of your appointment please follow the prep instructions below

- Stop taking calcium supplements 24 hours before your test
 - This includes multivitamins as well as antacids such as TUMS®
- Wear comfortable clothing
 - Do not wear clothing that has metal (zippers, buttons or buckles)
- Wait up to 2 weeks before having a DEXA scan if you have had a barium study or if you have been injected with contrast dye for a CT scan or MRI.
- Tell your doctor if you might be pregnant:
 - DEXA scans use low levels of radiation. Medical experts recommend avoiding radiation exposure during pregnancy to protect an unborn baby.

As soon as your results are available, you can view them on your patient portal. If you need assistance signing up for portal, contact Graham Medical Records at (309) 647-0201 Ext. 5100 or via email: ghpatportal@grahamhospital.org

Please call the Radiology Department if you have any questions or concerns
309-649-5174