



ULTRASOUND PATIENT INSTRUCTIONS

To avoid the rescheduling of your appointment please follow the prep instructions below

Abdominal (liver, spleen, gallbladder and pancreas):

- **No food or drink 12 hours prior to exam**
- Fat-free diet the evening prior to exam

Aorta:

- **No food or drink 8 hours prior to exam**

Breast:

- No preparation

OB:

- Drink 16-24 oz. of water 1 hour prior to exam
- Do not void prior to exam

Pelvic (Trans-abdominal and trans-vaginal):

- Drink 16 oz. of water 1 hour and 15 minutes prior to exam
- Do not void prior to exam

Renal/Adrenal:

- Drink 16-24 oz. of water 45-60 minutes prior to exam
- Do not void prior to exam

Renal Artery Duplex Study:

- See separate instruction sheet

Thyroid/Parathyroid:

- No preparation

Testicular (Scrotal):

- No preparation

Vascular studies:

- No preparation

Please call the Radiology Department if you have any questions or concerns
309-649-5174