

Graham Health System Laboratory
210 West Walnut or 180 South Main
Canton, IL 61520
Phone: 309-647-5240 or 309-647-0201

Stool for Crypto/Giardia

Patient Collection Instructions

DO NOT USE ANTACIDS, BARIUM, BISMUTH, ANTI-DIARRHEAL MEDICATIONS OR OILY LAXATIVES BEFORE COLLECTION OF THE STOOL SAMPLE.

1. The specimen of choice is a fresh stool sample.
2. Collect the stool specimen in a clean plastic container. Do not let the stool specimen go into the water. A large plastic bag or piece of Saran Wrap may be placed over the toilet opening and the specimen passed onto the plastic.
3. After the specimen is successfully collected, unscrew the cap of the pink or orange container which was provided by the laboratory personnel. There is a small "spoon" attached to the lid of the orange or pink container. Leave the spoon connected to the lid and scoop enough stool specimen into the liquid of the container to raise the liquid level to the **"Add Specimen to this Line"** line. DO NOT fill past the line. It is very important not to overfill. Be sure to use the spoon to collect from any area that looks bloody, mucoid or watery.
4. Screw the cap and spoon securely back on to the collection container. Shake the specimen to mix.
5. Store the specimen container at room temperature until it is delivered to the lab. Deliver as soon as possible.

