

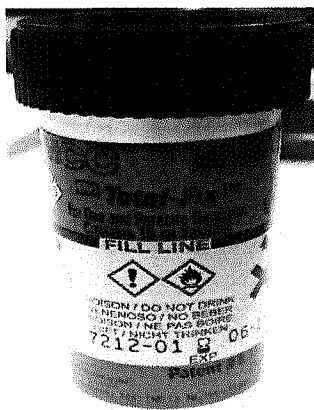
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Phone: 309-647-5240 or 309-647-0201

### Stool for Ova and Parasites (O&P)

#### Patient Collection Instructions

DO NOT USE ANTACIDS, BARIUM, BISMUTH, ANTI-DIARRHEAL MEDICATIONS OR OILY LAXATIVES BEFORE COLLECTION OF THE STOOL SAMPLE.

1. The specimen of choice is a fresh stool sample.
2. If the order for Ova and Parasites is for more than one day, please collect specimens on different days, ideally every other day.
3. Collect the stool specimen in a clean plastic container. Do not let the stool specimen go into the water. A large plastic bag or piece of Saran Wrap may be placed over the toilet opening and the specimen passed onto the plastic.
4. After the specimen is successfully collected, unscrew the cap of the black lidded container which was provided by the laboratory personnel. There is a small "spoon" attached to the lid of the black lidded container. Leave the spoon connected to the lid and scoop enough stool specimen into the liquid of the container to raise the liquid level to the **Fill Here** line. DO NOT fill past the line. It is very important not to overfill. Be sure to use the spoon to collect from any area that looks bloody, mucoid or watery.
5. Screw the cap and spoon securely back on to the collection container. Shake the specimen to mix.
6. Store the specimen container at room temperature until it is delivered to the lab. Deliver as soon as possible.



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